

## 1. BASIC CRITERIA FOR ADMISSION TO FULL MEMBERSHIP ACCORDING TO PARAGRAPH 2.2.1 OF THE INTERNAL REGULATIONS

The following basic criteria apply (minimum number) to graduates of National Accredited Training programs (NAPTIs) and European Accredited Psychotherapy Institutes (EAPTIs)

Total duration of at least 4 years with at least 1400 training hours

- Training program - theory & methodology of Psychotherapy 500-800 hours
- Personal development, group psychotherapy, self-awareness 250 hours
- Personal Therapy 50 hours
- Clinical practice with clients (one-to-one or group meetings, lasting at least 50 minutes, one part of client-work in a sufficient number of short-term psychotherapy and another part with a sufficient number of long-term psychotherapy) 300 hours
- Supervision (group and/or individual) 150 hours
- Clinical placement (see separate form with relevant criteria) is a separate. mandatory experiential practicum but is not included in the total amount of hours 150-200 hours

**Note:** Individual psychotherapy is mandatory and falls under the responsibility of the trainee. It should normally accompany the process of the basic training and takes place separately outside the Training Institute. The personal Psychotherapist must be approved by the Training Institute.

## 2. ADMISSION CRITERIA FOR FULL INDIVIDUAL MEMBERS IN ACCORDANCE WITH PARAGRAPHS 2.2.2 AND 2.2.3 OF THE INTERNAL REGULATIONS

PAP takes into account and acknowledges that applicants may have completed a Psychotherapy training program that does not meet the criteria as defined in point 1.

Those interested in joining the PAP can apply by submitting confirmations and certificates, which could additionally satisfy the criteria, with the aim of upgrading and equating the training and the practice experience

The final decision of the Board of Directors will be based on the recommendation of the Training Evaluation Committee (TEC) regarding the re-evaluation of the application and its possible upgrade taking the following criteria into consideration :

[1]

#### **2.a) Professional experience:**

At least **three years** of psychotherapeutic practice work after obtaining the diploma (e.g. with employer certificates, social insurances)

or

Relevant professional practice/experience for at least the **last three years** prior to the application to PAP (e.g. with certificates from employers, social insurances)

#### **2.b) Clinical Supervision:**

At least **12 hours** per year (proportionate to professional experience)

- **Individual supervision**, with written certification from a supervisor (with a brief reference to the total hours, the number of cases and diagnoses)  
The supervisor must be a certified Psychotherapist **or** to be a Psychotherapist with at least 5 years of professional experience.
- **Peer group supervision / Intervision**, with a brief report of the number of meetings, the number of cases, on a statutory self-declaration (signed by name from all members of the group)

#### **2.c) Personal Psychotherapy:**

**25 hours** (at least) personal, individual psychotherapy by a Psychotherapist with at least 5 years of professional experience.

#### **2.d ) Written assignment:**

Submission of a written assignment (clinical paper) with reference to at least two clinical cases, referring to different clinical diagnostical cases (10-20 pages, approximately 3500-5500 words). The written work must combine the levels/elements of theory-methodology, practical application, experiential-relational interaction, the impact of supervision and a reflection of the therapeutic process.

#### **2.e) Continuing Professional Development CPD**

At least **20 hours** annually (see details in the specific form PAP\_GUIDE 5.1.\_CPD POLICY\_vs 2026\_EN.pdf “CPD Policy”)

### 3. **ADMISSION CRITERIA FOR FULL MEMBERSHIP FOR GRADUATES OF NOT ACCREDITED (NATIONAL LEVEL) PSYCHOTHERAPY TRAINING PROGRAMS**

Due to the fact that the Pancyprian Association for Psychotherapists has no information about the training program (curriculum) of not accredited (national level) psychotherapy training programs, graduates of such training institutes could apply by providing confirmations and certificates that could additionally satisfy the criteria as stated and defined in point 2.a) b) c) d) e)

### 4. **NOTES**

- **Recognition of Psychotherapy Training Institutes:**

- a) Psychotherapy Training Institutes that have gone through a comprehensive evaluation process of their training program by the Pancyprian Association for Psychotherapists are accredited at the national level (National Accredited Psychotherapy Institutes) NAPTIs, Member Organizations of PAP.

- b) Institutes of other countries, that are recognized/accredited by the official body or the NAO (National Umbrella Organisation) of the country where they offer the specific Psychotherapy training.

- **Evaluation:**

It is understood that the TEC evaluates and decides accordingly, considering both the particular personal details, qualifications and information of the applicant (individualized assessment) but also with regard to the requested criteria and the submission period.

The evaluation is carried out by a committee of at least three people, which is set up as follows:

- One assessor, who is an external professional partner

- One assessor, if possible, who is trained at the same approach

- One assessor, who is a member of the TEC

- **Cooperation Agreement:**

It is understood that PAP informs the applicant about TEC's decision in writing and aims to reach a mutually binding agreement.

Evaluation Training Committee

May 2026